

# Let's Share the Road



## Watch for Road Signs!



### One Way

Ride in the same direction as the sign.



### Yield

Let other traffic go first.



### Stop

Put your foot down and look all ways for traffic.



### No Bicycles

Stay away from roads with these signs posted.



### Railway Crossing

Watch for trains.

## what every cyclist should know

### Wear a Helmet

Cyclists under 18 are required by law to wear an approved bicycle helmet. For those 18 and older, it is strongly recommended.

### Stay off Sidewalks

A bike is a vehicle and must be on the roads like other vehicles. Leave sidewalks to pedestrians - use bike lanes when possible.

### Take Your Place in Traffic

Ride on the right side with the flow of traffic, but don't hug the curb. Ride in the centre when:

- The lane is too narrow to share with other vehicles
- You are preparing to make a left hand turn
- There are hazards along your pathway

### Be Aware of Your Surroundings

- Scan the road surface for potholes, drainage gates and other hazards that can cause a spill.
- Check over your shoulder when changing lanes.
- Never assume that drivers will yield to you. Anticipate bad moves.
- Watch for doors opening from parked cars.

### Ride Visibly

- Always signal your intentions.
- When crossing the street at a traffic light, get off your bike and walk your bike across the street.
- At night use headlights, reflectors, reflective tape & bright clothing

### Maintain Your Bike

Regularly check your brakes, tire pressure, crank and quick releases.

### Take a Bike Safety Course

Empower yourself! Learn to negotiate traffic. Certified Instructors teach the rules of the road and defensive riding. For information about Adult and Kids CAN-BIKE safety courses call 753-4937 ext 462 or log on to [www.bchu.org](http://www.bchu.org).



# Let's Share the Road



## Watch for Hand Signals



Left Turn



Right Turn



Alternate Right



Stop

what every motorist should know

## Bicycles are Vehicles too

Cyclists have the same rights and responsibilities as other road users.

## Be Patient

A cyclist may delay your trip by seconds, but the same right-of-way rules apply to bikes as cars.

## Always Keep Your Distance

- Always leave enough space between you and the cyclist in front of you. If you hit someone from behind, you are considered "at fault".
- Pass with care; give cyclists a margin of at least a metre on either side.
- Share the space and give cyclists extra trailing and passing room.

## Be Aware Of Your Surroundings

- Check Your Blind Spots. Cyclists may not be aware of the size of your blind spots. Check your blind spot before opening a car door, a cyclist could be there.
- Actively look and yield to pedestrians and cyclists, especially when turning.

## Maintain Your Vehicle

Brake defects are the most frequently cited out-of-service inspection violation.

## Be Aware Of Driver Fatigue

Lack of attention can significantly increase your risk of a crash.



[www.bchu.org](http://www.bchu.org)